

WHAT TO DO IF YOU WERE EXPOSED TO COVID-19

Regardless of Vaccination Status or Prior Infection



- Wear a mask around others for 10 days.



- If you develop symptoms, stay home.
- Even if you do not develop symptoms, test after five full days, unless you tested positive for COVID-19 in the last 3 months.



If you test negative:

- Continue wearing a mask around others for five days.



If you test positive:

- Follow "What to Do If You Have COVID-19" flowchart on page one.

WHAT TO DO IF YOU HAVE COVID-19

Regardless of Symptoms or Vaccination Status



- If you are having symptoms of COVID-19 and waiting for your test results, stay home until you get your results.



- If you test positive for COVID-19, stay home for the next five days regardless of symptoms or vaccination status.



- Stay away from other people as much as possible (including those in your own household).

- If you can't stay away from other people in your household, wear a three-layer (or better) mask.



- If you did not experience any symptoms, you may resume normal activities after five days while wearing a mask for the next five days.



- If you did experience symptoms, is your fever gone and have your other symptoms started to improve by day 6?



NO



YES



- Stay home until your fever is gone and other symptoms have improved.*



- Continue to wear a mask for the next five days.



- Resume normal activities while wearing a mask for the next five days.

*Some symptoms, including loss of taste and smell, may persist for weeks or months after recovery. These lingering symptoms should not extend the isolation period.