

APRIL 2022

Arlington Local School

Grades K-6 \$0.00 Grades 7-12 \$0.00 Adult \$3.25

Milk is included in student lunch.

Friday

Monday

Grilled Cheese or Meatball Sub Smile Fries Peaches

GF option: Grilled Cheese

Cheeseburger or Chicken Alfredo Green Beans Applesauce GF Option: Cheeseburger

Waffles w/ syrup Scrambled Eggs Potato Wedges Orange Juice GF option: Waffles

Popcorn Chicken
Or Tater Tot Casserole
Brown Rice
Peas
Pears
GF option: Chicken Tenders

Macaroni & Cheese
Mini Corndogs
Baked beans
Applesauce
GF option: Hot Dog

Beef & Noodles
Or Chicken Strips
Mashed Potatoes
Mixed Fruit
Cookie
GF Option: Grilled Chicken

Nachos w/ Beef & Cheese 9
Corn
Mixed Fruit
Cookie
GF option: Nachos

Grilled Cheese Sandwich
Or Sloppy Joe Sandwich
Oven Fries
Applesauce
GF option: Grilled Cheese

Wednesday

Peanut butter & jelly option available daily. PB&J available on GF bread also.

Pizza Choice
Or Beef Ravioli
Romaine Salad w/ ranch
Apple Crisp
Butter Bread 9-12
GF option: Pizza
Pizza Choice

Pizza Choice
Or Shredded Chicken Sandwich
Romaine Salad w/ ranch
Blueberry Crisp
Butter Bread 9-12
GF option: Pizza

Pizza Choice
Or Beef Ravioli
Romaine Salad w/ ranch
Peach Cobbler
Butter 9-12
GF option: Pizza
Pizza Choice
Or Shredded Chicken Sandwick

Pizza Choice

Or Shredded Chicken Sandwich
Romaine Salad w/ ranch
Cherry Crisp
Butter 9-12
GF option: Pizza

Thursday

Popcorn Chicken
Or Tuna Salad Sandwich
Brown Rice
Steamed Carrots
Strawberry Cup
GF option: Chicken Tenders

Sub Bar
Baked Beans
Mini Carrots w/ ranch
Peaches or Applesauce
Cookie
GF option: Deli Sandwich

Salisbury Steak
Or Chicken Tenders
Mashed Potatoes
Peaches
Dinner Roll
GF option: Grilled Chicken
Chicken Nugget

28

Chicken Nugget
Spaghetti w/ sauce
Green Beans
Pears
Cookie
GF option: Grilled Chicken

Hot Dog or BBQ Pork Sandwich

Mini Carrots w/ ranch
Applesauce
GF option: Hot Dog

Pancakes w/ syrup Sausage Patties Potato Wedges Orange Juice GF option: Waffles

No School

Spring Break

Cheeseburger
Or Lasagna
Mini Carrots w/ ranch
Applesauce
GF option: Cheeseburger

Pancakes w/ syrup
Sausage Patties
Potato Wedges
Orange Juice
GF option: Waffles