

# OCTOBER | 2025

## Arlington Local School



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>29</b> The following major food allergens are used as ingredients: Milk, Egg, Fish, Peanuts, Wheat, Soy, and Sesame. Please notify a food employee for more information about these ingredients.</p>	<p><b>30</b> All lunches include milk. The milk price for packers is 50 cents (even for those that qualify for free and reduced meals). Juice box price for packers AND buyers is 50 cents. Grades 4-12 may purchase extras if they have funds in their account.</p>	<p><b>1</b> Donut Holes Grilled Cheese Tomato Soup Pears</p>	<p><b>2</b> Bagel Sausage Sandwich Salisbury Steak Mashed Potatoes Peas Applesauce Cup Dinner Roll</p>	<p><b>3</b> Muffin Corn Dog Baked Beans Banana</p>
<p><b>6</b> Frudel Beef Stew Biscuit Baby Carrots w/ ranch Peaches</p>	<p><b>7</b> Pop Tart Burrito Bowl Rice Corn Mixed Fruit</p>	<p><b>8</b> Mini Waffles Cheese or Pepperoni Pizza Cucumber Slices Apple Crisp</p>	<p><b>9</b> Filled Crescent Sausage Gravy &amp; Biscuits Scrambled Eggs Hash Brown Orange Juice</p>	<p><b>10</b> Cereal Bar Orange Chicken Rice Broccoli Pineapple Fortune Cookie</p>
<p><b>13</b> No School</p>	<p><b>14</b> Mini Pancakes White Chicken Chili Green Beans Applesauce Cup Corn Bread</p>	<p><b>15</b> Muffin Spaghetti w/ meat sauce Romaine Salad w/ ranch Grapes Breadstick</p>	<p><b>16</b> Breakfast Pizza Chicken Chunk Bowl Corn Strawberries Goldfish Crackers</p>	<p><b>17</b> Donut Holes Shredded Chicken Sandwich Chips Cucumber Slices Peaches</p>
<p><b>20</b> Frudel Beefy Nachos Corn Pears Cinnamon Crisps</p>	<p><b>21</b> Mini Waffles Breakfast Tacos (Bacon, Egg &amp; Cheese) Hash Brown Orange Juice</p>	<p><b>22</b> Cereal Bar Cheese or Pepperoni Pizza Green Beans Peaches</p>	<p><b>23</b> French Toast Chicken Pot Pie Fresh Broccoli w/ ranch Applesauce</p>	<p><b>24</b> Pop Tart Cheeseburger Oven Fries Mixed Vegetables Grapes</p>
<p><b>27</b> Bagel Sausage Sandwich Chicken Nuggets Sweet Potato Fries Strawberries Animal Crackers</p>	<p><b>28</b> Filled Crescent Beef &amp; Noodles Mashed Potatoes Glazed Carrots Applesauce</p>	<p><b>29</b> Mini Pancakes Chicken Tacos Corn Grapes Churro</p>	<p><b>30</b> Cinnamon Rolls <u>Spooktacular</u> Mummy Dogs Hay Stacks (Cheesy Fries) Apples w/ caramel Mini Pumpkin Muffin</p>	<p><b>31</b> Muffin Pizza Cruncher k-3 Boscós 4-12 Green Beans Banana</p>

### Cafeteria Info

Breakfast	
<b>K-5</b>	<b>\$1.25</b>
<b>6-12</b>	<b>\$1.50</b>
<b>Adult</b>	<b>\$2.00</b>

Grab n Go Breakfast includes a grain &/or protein, fruit and milk.

Available starting at 7:50 am

Lunch	
<b>K-5</b>	<b>\$2.00</b>
<b>6-12</b>	<b>\$2.25</b>
<b>Adult</b>	<b>\$3.25</b>
<b>Milk</b>	<b>\$.50</b>

PBJ Uncrustable option available for grades K-5 daily. Salad Bar available to grades 4-12. **Gluten Free** option available daily for those with an accommodation form on file.

**Alternate entrée options** offered daily for grades 6-12. Students may not charge ala carte items.

All students that qualify for free OR reduced meals will receive breakfast and lunch for \$0.00 this school year.

Free/Reduced Price Meal Applications are available through Payschools and on the school website.

[www.arlingtonlocalschools.com](http://www.arlingtonlocalschools.com)