

Arlington Local Schools

2024-2025 Football Cheerleading Tryouts

Important Dates and Information

Who: Students that will be in 7th-12th grade during the 2024-2025 school year
What: Jr High and High School Cheerleading Tryouts for 2024 Football Season
When: March 25th Cheer Meeting in Mrs. Cortez's Room 6th period
 April 15th Cheer Clinic 3:15-4:15 pm (optional) in cafeteria
 April 22nd Cheer Clinic 3:15-4:15 pm (optional) in cafeteria
 April 26th Tryouts starting at 4:00 pm in cafeteria

Please Join the Cheerleading Tryouts 2024 Google Classroom code: **yp55fus**

Note: All Tryout Materials will be shared with candidates during the week of March 11th via a Google Doc with links to all materials. Candidates will have time to master concepts and then we will be able to help them adjust and improve their skills during the Clinics listed above. Candidates are not required to attend Clinics to try out. Clinics are designed for candidates to come in and get help with any of the materials for their tryouts. All tryouts will be in person on April 26th starting at 4:00 pm in the cafeteria. If you cannot attend the scheduled tryout please contact us ASAP.

Coach Cortez (cortezk@arlingtonlocal.org)
 419-365-5121 ext 335

or Coach Thines (thinesl@arlingtonlocal.org)
 419-365-5121 ext 330

What You Will Be Judged On

Varsity and JV Candidates	7 th and 8 th Grade Candidates
<ul style="list-style-type: none"> ● Cheer #1 (link in Google Classroom) ● Cheer #2 (made up on your own) ● Sideline (link in Google Classroom) ● Fight Song Dance (link in Google Classroom) ● 2 Jumps <ul style="list-style-type: none"> ○ Toe Touch (required) ○ Choose from hurdler, herkie, or pike ● 2 Gymnastic Skills <ul style="list-style-type: none"> ○ Choose 2 skills from cartwheel, round-off, front/back walkover, front/back handspring, other ● Splits ● Teacher Evaluation Forms (Filled out by 5 teachers that you currently have on your schedule) 	<ul style="list-style-type: none"> ● Cheer #1 (link in Google Classroom) ● Sideline (link in Google Classroom) ● Fight Song Dance (link in Google Classroom) ● 2 Jumps <ul style="list-style-type: none"> ○ Toe Touch (required) ○ Choose from X-jump/Eagle, tuck, hurdler, herkie or pike ● 1 Gymnastic Skill <ul style="list-style-type: none"> ○ Choose 1 skill from cartwheel, round-off, front/back walkover, front/back handspring, other ● Splits ● Teacher Evaluation Forms (Filled out by 3 teachers)

The following information is attached:

- Cheerleading Information Sheet
 - Needs to be filled out and returned to Mrs. Cortez or Mrs. T by April 22nd..
- Sample Judges Sheet
- Teacher Evaluation Forms (5) Teachers will return all forms to Mrs. Cortez or Mrs. T

2024 Football Cheerleader Information Sheet

DUE to Mrs. Cortez or Mrs. T by **April 22nd**

Cheerleader Information Sheet -Please turn this in ASAP

Name: _____ Grade (2024-2025) _____

Address: _____

Home Phone: _____ Cell Phone _____

In case of emergency, the best person to call: _____ Phone: _____

___ VARSITY ___ JR HIGH

Please keep in mind the following items when selecting what you are interested in:

- **You need to get a 75% or higher on your tryout score to make varsity.**
- **You need to get a 55% or higher on your tryout score to make 7th and 8th grade squads.**

Class	Teacher
1 st	
2 nd	
3 rd	
4 th	
5 th	
6 th	
7 th	
8 th	
9 th	

Teacher Evaluation Forms (must be CURRENT teacher): _____
(HS = 5 evaluations, JH = 3 evaluations)

Football Cheerleading Tryout Material 2024

Cheer: Devil Nation

A - H - S X
 Devil Nation Attack X
 It's Time to Fight Back X
 Red X Black X
 Red X Black X
 Tiger Nation All The Way X
 A - H - S X
 A - H - S X
 Red X Black X
 A - H - S



[Back](#)



[Front](#)



[Teach Cheer](#)

Side-Line: Go Devils Go

Go Devils Go
 Arlington We're On A Roll
 Go Devils Go

[Learn Sideline](#)



How to do Jumps



[Toe Touch](#)



[Pike](#)



[Hurdler](#)



[Herkie](#)



[Tuck and X-Jump/Eagle](#)
(Jr. High Only)

Dance - Arlington Fight Song!!



[With Counts](#)



[With Music](#)



Varsity/JV Candidate _____
 Judges Initials _____

Group Cheer (10)	Group Chant (10)	Dance (10)	Individual Cheer (10)	Toe Touch (10)	Jump of Choice (10)	Gym. Skill #1 (10)	Gym. Skill #2 (10)	Splits (10)	Overall Appearance (10)	Teacher Evals	Total
Coordination Correct fists Knowledge of words Sharpness Straight arms Timing	Coordination Correct fists Knowledge of words Sharpness Straight arms Timing	Coordination Knowledge of motions Sharpness Timing	Coordination Correct fists Knowledge of words Knowledge of motions Sharpness Straight arms Timing	Prep Flexibility Height Technique Toes Pointed Ending	Prep Flexibility Height Technique Toes Pointed Ending	Prep Flexibility Height Technique Toes Pointed Ending	Difficulty Coordination Flexibility Technique	Difficulty Coordination Flexibility Technique	flexibility	Confidence Enthusiasm Grooming Neatness Poise Hair off face	
Score:											
Comments:											

Judge's Initials _____

10=Perfect 9=Almost Perfect 8=Excellent 7=Very Good 6=Above Average
 5=average 4=Below Average 3=Needs Work 2=Poor 1=Tried 0=No Attempt

Jr. High Cheerleader Candidate # _____

Judge's Initials _____

Group Cheer (10)	Group Chant (10)	Dance (10)	Toe Touch (10)	Jump of Choice (10)	Gym. Skill #1 (10)	Splits (10)	Overall Appearance (10)	Teacher Evals	Total
Coordination Correct fists Knowledge of words Knowledge of motions Sharpness Straight arms Timing	Coordination Correct fists Knowledge of words Knowledge of motions Sharpness Straight arms Timing	Coordination Knowledge of motions Sharpness Timing	Prep Flexibility Height Technique Toes Pointed Ending	Prep Flexibility Height Technique Toes Pointed Ending Difficulty	Difficulty Coordination Flexibility Technique	flexibility	Confidence Enthusiasm Grooming Neatness Poise Hair off face		
Score:									
Comments:									

10=Perfect 9=Almost Perfect 8=Excellent 7=Very Good 6=Above Average
 5=average 4=Below Average 3=Needs Work 2=Poor 1=Tried 0=No Attempt

Arlington High School Cheerleading Teacher Evaluation Form

The scale is 1 to 10. 1 is low 10 is high.

Student's Name _____

Teachers Name: _____

Teachers Signature: _____

<u>LEADERSHIP</u> (respected by students)																					
1	2	3	4	5	6	7	8	9	10	<u>CHARACTER</u> (represents our school well)	1	2	3	4	5	6	7	8	9	10	
<u>ATTITUDE</u> (generally toward school spirit)										<u>ATTENDANCE</u> (attends school regularly)	1	2	3	4	5	6	7	8	9	10	
1	2	3	4	5	6	7	8	9	10	<u>DEPENDABILITY</u> (someone that teacher/peers can rely on)	1	2	3	4	5	6	7	8	9	10	
<u>PERSEVERANCE</u> (determined, sticks with what they start)										<u>RESPONSIBILITY</u> (takes ownership of what one says and does)	1	2	3	4	5	6	7	8	9	10	
1	2	3	4	5	6	7	8	9	10	<u>SELF DISCIPLINED</u> (has good training and control of self)	1	2	3	4	5	6	7	8	9	10	
<u>COOPERATION</u> (works well with others towards a common goal)																					
1	2	3	4	5	6	7	8	9	10												
<u>COURTESY</u> (careful of feelings toward teacher/peers)																					
1	2	3	4	5	6	7	8	9	10												

Additional Comments:

TOTAL _____/100

These evaluations will be kept confidential. PLEASE TURN THESE FORMS INTO MRS. CORTEZ'S MAILBOX IN THE TEACHER'S LOUNGE NO LATER THAN MONDAY April 22nd 2024 at 3:00 pm. THANK YOU SO MUCH FOR YOUR HELP AND HONESTY!

-COACH CORTEZ & COACH THINES (Football Cheer)

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Student's Name _____

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Teachers Signature: _____

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1 2 3 4 5 6 7 8 9 10		1 2 3 4 5 6 7 8 9 10	
<u>ATTITUDE</u> (generally toward school spirit)		<u>ATTENDANCE</u> (attends school regularly)	
1 2 3 4 5 6 7 8 9 10		1 2 3 4 5 6 7 8 9 10	
<u>PERSEVERANCE</u> (determined, sticks with what they start)		<u>DEPENDABILITY</u> (someone that teacher/peers can rely on)	
1 2 3 4 5 6 7 8 9 10		1 2 3 4 5 6 7 8 9 10	
<u>COOPERATION</u> (works well with others towards a common goal)		<u>RESPONSIBILITY</u> (takes ownership of what one says and does)	
1 2 3 4 5 6 7 8 9 10		1 2 3 4 5 6 7 8 9 10	
<u>COURTESY</u> (careful of feelings toward teacher/peers)		<u>SELF DISCIPLINED</u> (has good training and control of self)	
1 2 3 4 5 6 7 8 9 10		1 2 3 4 5 6 7 8 9 10	

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<u>COOPERATION</u> (works well with others towards a common goal)		<u>RESPONSIBILITY</u> (takes ownership of what one says and does)	
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PERSEVERANCE (determined, sticks with what they start)

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COOPERATION (works well with others towards a common goal)

1 2 3 4 5 6 7 8 9 10

COURTESY (careful of feelings toward teacher/peers)

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CHARACTER (represents our school well)

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ATTENDANCE (attends school regularly)

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DEPENDABILITY (someone that teacher/peers can rely on)

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RESPONSIBILITY (takes ownership of what one says and does)

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